

# Florida Certified Nursing Assistant

## LEARNING OBJECTIVES



As a CNA, you'll have all the upward mobility you could ever hope for. CNAs work closely with Licensed Practical Nurses (LPNs) and Registered Nurses (RNs), so they see exactly what the next level looks like—and they're provided with a roadmap that outlines how to get there. Throw that in the mix with the rewarding day-to-day responsibilities, and you have an exceptional career path.

This program includes unparalleled training, career support, and a 40-hour clinical externship opportunity. It's a faster, cheaper alternative to traditional schooling designed with your state's (Florida) specific certification requirements in mind—so you can have a long, exciting, and prosperous career as a certified nursing assistant.

We'll provide free certification exam vouchers to take the nationally recognized Nursing Assistant Certification exam—offered through the American Medical Certification Association—or the Prometric Nurse Aide Assessment licensing exam so you can register in Florida.

### Program Orientation: Certified Nursing Assistant

- Introduction to the CNA Program
- Curriculum Readiness

### Preparing for Your Externship

- Externship Overview
- Skills to Succeed
- Resume and Interviews
- Program-Specific Externship Requirements
- Externship Application

### Certified Nursing Assistant Core

- Pre-Clinical Bootcamp
- Introduction to the Field
- Infection Control & Safety
- Vital Signs
- Basic Nursing Skills
- Personal Care — Bathing and Grooming
- Personal Care — Skin Care and Nutrition
- Caring for LTC Residents
- Restorative Services
- Compassionate Bedside Approach to Patients/Residents

### State-Specific Requirements

- Course Information & Support
- State Requirements

- Course Exam
- Course Completion Information

### HIPAA In the Workforce

- Describe HIPAA Basics
- Understand the HIPAA Privacy Rule and Security Rules
- Describe the HITECH Act
- Explain Regulations for Business Associates
- Summarize HIPAA Documentation and Training
- Review Applied HIPAA Security for Healthcare Professionals

### Clinical Externship

- Clinical Externship Required for State Certification (Hours based on state requirements.)

### Completing Your Externship

- Completing Your Externship
- Skills to Succeed
- Career Readiness
- Post-Externship

### Program Completion: Certified Nursing Assistant

- Conclusion of the CNA Program
- Certification Exam Readiness

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- Provide person-centered basic care to residents of long-term care facilities.
- Communicate and interact therapeutically with residents and their families, with sensitivity to the physical, social, and mental health needs of residents.
- Provide safety and preventive measures in the care of residents.
- Demonstrate skill in observing, reporting, and documentation.
- Function effectively as a member of the healthcare team.
- Assist residents in attaining and maintaining maximum functional independence.
- Protect, support, and promote the rights of residents.
- Evaluate basic nutrition and diet.

### Total Hours With Externship: 175

135 Didactic, Simulations, and  
Experiential + 40 Externship

### Total Hours Without Externship: 120