

# Life Coach

## INDUSTRY FACTS



### What do life coaches do?

Life coaches are awesome. They help people find their purpose, establish goals, and become better versions of themselves. But they're far more than glorified cheerleaders. They're wellness professionals with a crazy knack for identifying obstacles and developing concrete strategies to punch mediocrity in the face. Here's what a typical day or week might look like:

- Interviewing clients and discussing aspirations, roadblocks, and common behavioral traps
- Observing clients' daily routines
- Training clients in specific strategies and approaches to achieve their goals
- Using various therapeutic methods to help clients tear down barriers and break through walls
- Performing skill assessments and taking notes to document client progress

### Where do they work?

The work environment for life coaches depends on each individual's area of expertise and their client base. Many work in clinics or group homes and shelters. Others make the world their office and travel to and from client homes.



### How much do they earn?

If you're a successful life coach with a solid track record and a variety of clients, you could make anywhere from \$30,000 to \$65,000 a year (on average). For the uber successful, the range goes as high as \$200,000 per year—of course, this all depends on location, facility, and experience level.

### How's the job outlook?

Employment of life coaches and other similar professions is projected to grow 13% through 2028, much faster than other occupations. And as we all navigate the rough waters of daily life, the need for smart, honest, knowledgeable life coaches should stay relatively consistent.

"I was very impressed with what CareerStep had to offer. Affordable pricing for a comprehensive program, combined with the support and flexibility I needed. A perfect choice!"

JESSICA, CAREERSTEP LEARNER

# Life Coach

## PROGRAM DETAILS

### Improve Your Life

When it comes to career training, you'll find a lot of posers out there. Con artists that'll try to impress you with fancy hyperbole. But through all the noise, the distinct sound of success can be heard. Your success. All it takes is a little push. A nudge in the right direction—and your whole life could change. New doors opened. New worlds discovered. New opportunities explored. With CareerStep, it all could happen in as little as 4 months.

### Prepare For A Better Job

It's no secret that we all could use a little guidance and direction—particularly if (and when) we find ourselves hitting a plateau in life. Sometimes we get a little lost or lose sight of our goals, and we need someone to help us get back on track. That's when we turn to a reputable life coach. And with the right training, you could be that person we all lean on to unleash our full potential. It's a fulfilling career with tremendous flexibility, pay, and day-to-day variety.

### Learn Your Way (From Home)

With online training, you can absorb more knowledge and learn more skills—fast.

- Study on a schedule that fits your life
- Progress at a pace that matches your learning style
- Adjust the time and effort you devote to your coursework each day

### Receive Coaching and Guidance

When you train with CareerStep, we back you every step of the way—from enrollment through course completion.

- Learner support
- Technical support
- Career support (interview coaching and resume reviews)

### Program Modules and Approximate Completion Hours

#### Modules

---

The Basic Foundation of Life Skills Coaching

---

The Coaching Process

---

Beyond Coaching Basics

---

Life Coaching and Destiny Discovery

---

Helping Clients Identify Challenges

---

Advanced Life Coaching Skills

---

Coaching Niches

---

**TOTAL HOURS = 545**