

# Patient Care Technician

## LEARNING OBJECTIVES



The CareerStep Patient Care Technician training is designed to prepare you for certification with one of three nationally recognized healthcare organizations and launch your new career in the medical field. By completing this training and including externship experience, you will be fully prepared to assist doctors, nurses, and other medical professionals to care for the needs of sick and injured patients. The learning objectives below provide a map of what you will learn as you complete each module.

### **Medical Terminology, Anatomy, and Physiology (6 Hours)**

- Develop an understanding of the main body systems.
- Identify and summarize relevant medical terminology.

### **Healthcare and the Role of the Patient Care Technician (6 Hours)**

- Recognize and understand the basic structure of healthcare.
- Learn about the role of the patient care technician.

### **Professionalism, Work Ethic, and Communicating With the Healthcare Team (7 Hours)**

- Understand the importance of written and verbal communication within a healthcare team.
- Identify the law and ethics for the medical office.
- Learn about patient reception and telephone techniques.

### **Body Structure, Function/Growth, and Development (4 Hours)**

- Develop a basic understanding of anatomy and physiology.
- Learn about the pathophysiology and disease processes of the body systems.

### **Understanding the Patient; Patient Psychology; and Patient Rights, Ethics, and Laws (6 Hours)**

- Understand patient psychology and how to effectively interact with patients.
- Describe patient rights, ethics, and laws.

### **Assisting With the Physical Examination (4 Hours)**

- Learn the steps and procedures necessary to assist with physical examinations.

- Describe ear and eye diseases and how to effectively perform ear and eye examinations.

### **Measuring and Recording Vital Signs (7 Hours)**

- Explain how to measure and record patient vital signs.

### **Assisting With Admission and Discharge, Pain Management, Comfort, Rest, and Sleep (5 Hours)**

- Explore the techniques used to aid patients with pain management, comfort, rest, and sleep.

### **Assisting With Grooming, Hygiene, Nutrition, Fluids, and Bed Making (7 Hours)**

- Outline the steps to assist patients with proper nutrition, fluid intake, hygiene, and grooming.

### **Assisting With Urinary Elimination, Bowel Elimination, and Oxygen Needs (9 Hours)**

- Understand how to assist patients with urinary and bowel elimination using the proper techniques and cleaning methods.
- Identify the proper procedures to assist patients with oxygen needs.

### **Basic Emergency, Wound, Rehabilitative, Restorative, and Pressure Ulcer Care (18 Hours)**

- Identify emergency procedures and first aid.
- Describe how to prepare and care for surgical patients.

### **Obtaining and Monitoring an Electrocardiogram (9 Hours)**

- Understand how to prepare and maintain an EKG machine and perform proper lead placement.
- Understand how to monitor and read EKGs.

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### **Workplace Safety, Body and Positioning Mechanics, and Fall Prevention (7 Hours)**

- Explore and understand patient safety and body mechanics when positioning, moving, and assisting patients.

### **Asepsis and Infection Control (5 Hours)**

- Learn medical asepsis and the OSHA standards, and understand the importance of sterilization and disinfection.

### **Blood Collecting and Processing (11 Hours)**

- Identify the proper procedures and techniques for obtaining capillary punctures, venipunctures, and blood samples.

### **Specimen Collecting and Testing (7 Hours)**

- Understand specimen collection, transportation, and handling.

### **Patient Care for Women, Children, and Those With Special Needs (7 Hours)**

- Learn about patient care for women, children, and those with special needs.

### **Care for Patients With Chronic Conditions and End-of-Life Care (5 Hours)**

- Explore and learn about caring for patients with chronic conditions and patients receiving end-of-life care.

### **Final Exam**

### **Externship (100 Hours)**